

Use this guide to help your family  
learn about hope.



**First, watch  
this week's  
video!**

**Hope: Believing  
that something  
good can  
come out of  
something bad**

**Memory Verse**

"In this world you  
will have trouble.  
But be encouraged!  
I have won the battle  
over the world."  
John 16:33b, NIV

**Bible Story**

Jesus Appears  
to Thomas  
John 20:19-29

**Bottom Line**

Whatever happens,  
remember God is  
bigger than your  
questions.

## Activity

### Sink or Swim

#### What You Need:

Bathtub or sink (or large, clear storage tub), and items that will sink or float (examples: coins, cups, toys, etc.). Be sure to include some large items that will float (empty gallon milk jug, piece of wood).

#### What You Do:

Pour water into the tub until it's about two-thirds full. Hand your child one item at a time, and let them guess whether it will sink or float. After your child guesses, let them drop the object in the tub of water. Continue until you've tried all the items.

Wrap up by saying: "You'd think some of those objects would sink because of how big they were, but they ended up floating! Sometimes our questions seem really big . . . when, in reality, they aren't that big to God. After all, God is bigger than everything, because God *created* everything."

## Talk About the Bible Story

How do you think Jesus' friends felt when they heard that Jesus' body was gone?

Why was Thomas doubting, even after his friends confirmed that Jesus was really alive? (*Thomas needed to see Jesus' wounds with his own eyes and touch Jesus himself.*)

Read what Jesus said in John 20:29. How is that true of us today?

Did Jesus make Thomas feel badly about doubting and asking if He was really alive? (*no*)

How does this make you feel about asking God your own questions?

*Parent: Share about a time when you had a big question for or about God. How did that change or shape your faith?*



## Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, thank You for caring about our questions. You are so big and powerful, but You care about every concern, every doubt, and every worry we have. When we have questions, please help us trust You, and remind us to go to You and to other wise people who trust You. We want You to be our source of truth when we feel uncertain. Please remind us that whatever happens, You are bigger than our questions. Amen."